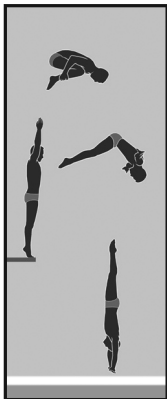
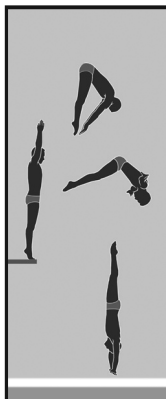




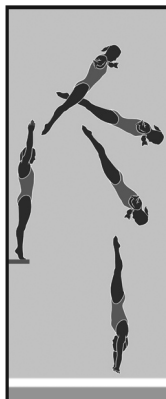
COMMON DIVE FORMS



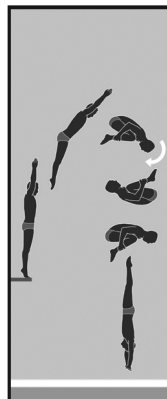
101C Forward Dive Tuck



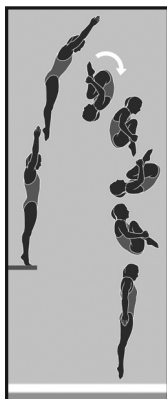
101B Forward Dive Pike



101A Forward Dive Straight



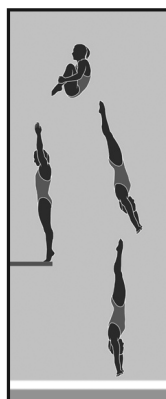
103C Forward Dive 1 1/2 ss Tuck



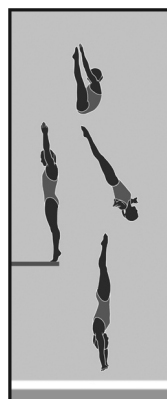
104C Forward Dive 2 ss Tuck



105B Forward Dive 2 1/2 ss Pike



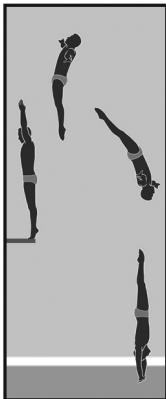
201C Back Dive Tuck



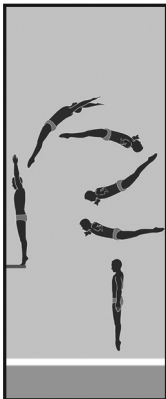
201B Back Dive Pike



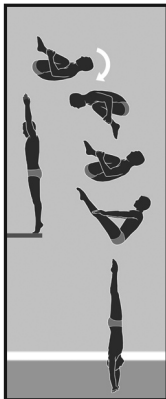
COMMON DIVE FORMS



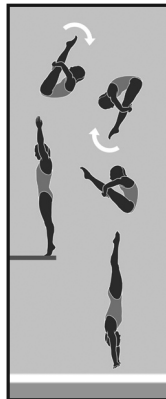
201A Back Dive
Straight



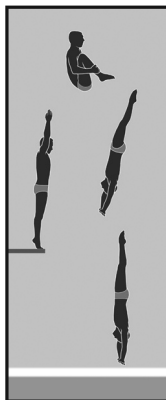
202A Back 1 ss
Straight



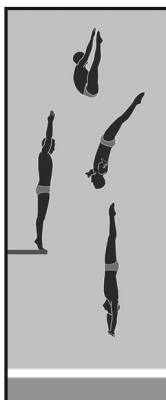
203C Back
1 1/2 ss Tuck



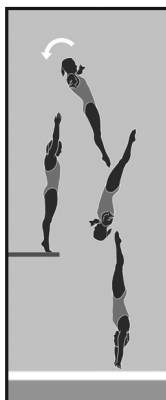
203B Back
1 1/2 ss Pike



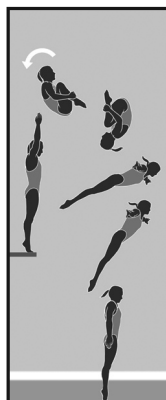
301C Reverse
Dive Tuck



301B Reverse
Dive Pike



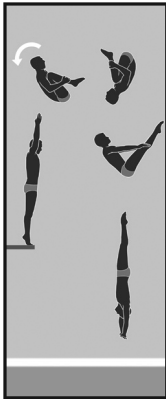
301A Reverse
Dive Straight



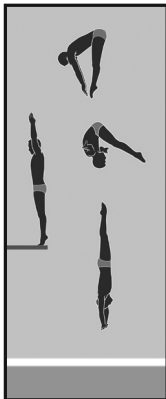
302C Reverse
1 ss Tuck



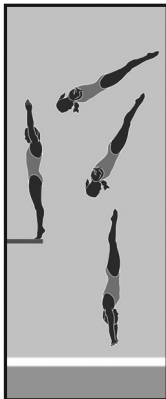
COMMON DIVE FORMS



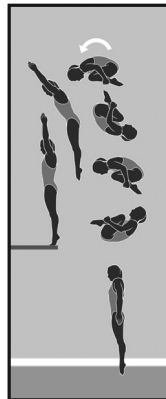
303C Reverse
1 1/2 ss Tuck



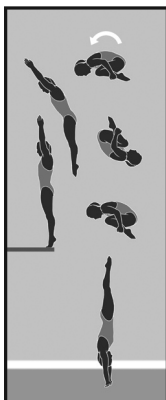
401B Inward
Dive Pike



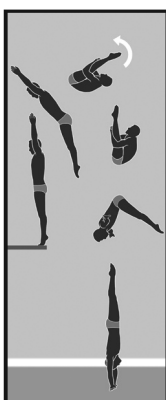
401A Inward
Dive Straight



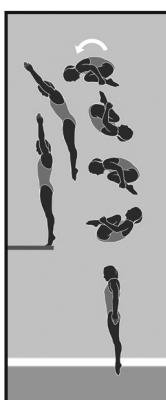
402C Inward
1 ss Tuck



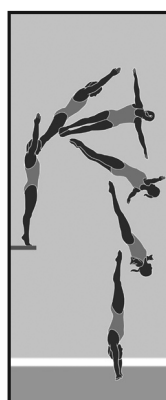
403C Inward
1 1/2 ss Tuck



403B Inward
1 1/2 ss Pike



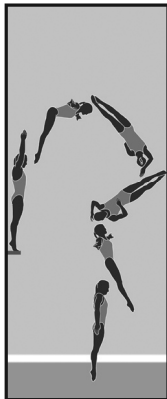
404C Inward
2 ss Tuck



5111A Forward
Dive 1/2 Twist
Straight



COMMON DIVE FORMS



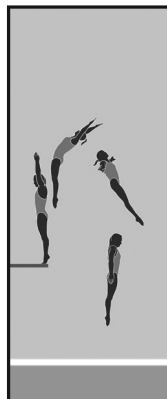
5122D Forward
1 ss 1 Twist Free



5132D Forward
1 1/2 ss
1 Twist Free



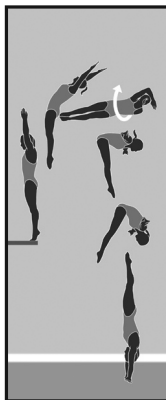
5152B Forward
2 1/2 ss
1 Twist Pike



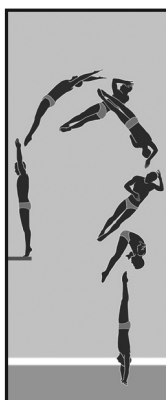
5221D Back
1 ss 1/2
Twist Free



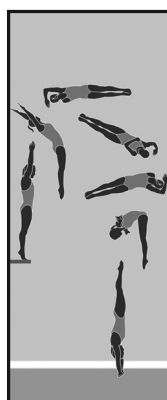
5223D Back 1 ss
1 1/2 Twists Free



5231D Back
1 1/2 ss
1/2 Twist Free



5233D Back
1 1/2 ss
1 1/2 Twists Free



5333D Reverse
1 1/2 ss
1 1/2 Twists Free