





Counter 1000 Short Course

Event: _____ Heat: _____			Event: _____ Heat: _____			Event: _____ Heat: _____			Event: _____ Heat: _____		
Laps	Y/M	Order of Touch	Laps	Y/M	Order of Touch	Laps	Y/M	Order of Touch	Laps	Y/M	Order of Touch
2	50		2	50		2	50		2	50	
4	100		4	100		4	100		4	100	
6	150		6	150		6	150		6	150	
8	200		8	200		8	200		8	200	
10	250		10	250		10	250		10	250	
12	300		12	300		12	300		12	300	
14	350		14	350		14	350		14	350	
16	400		16	400		16	400		16	400	
18	450		18	450		18	450		18	450	
20	500		20	500		20	500		20	500	
22	550		22	550		22	550		22	550	
24	600		24	600		24	600		24	600	
26	650		26	650		26	650		26	650	
28	700		28	700		28	700		28	700	
30	750		30	750		30	750		30	750	
32	800		32	800		32	800		32	800	
34	850		34	850		34	850		34	850	
36	900		36	900		36	900		36	900	
 950			 950			 950			 950		
40	1000		40	1000		40	1000		40	1000	