

## **TIMER'S INSTRUCTIONS**

Timing is the most important job at the meet.

### **Timers**

- One, two or three timers per lane, depending on circumstances and type of meet.
- Everyone will have a stopwatch. (Usually)
- Up to all the timers will have a push button. (Check how many)
- Head lane timer should have a clipboard and pencil/pen.

### **If you have a stopwatch**

- Start watch on the strobe light. And the strobe now. If you can't see the strobe, move. If you still can't see the strobe, have it moved!
- Stop the watch when any part of the swimmer touches the wall or pad at the finish. Please pay attention for the finish. Please make sure you can see the finish.
- Clear the watch after time is recorded.
- Check the watch after start, be sure it is running.
- If a watch malfunctions or wasn't started properly, raise your hand and signal the chief timer(s). They have started watches at the start of each race as backups.

### **If you have a push button**

- Do NOT push the button at the start.
- Push button when any part of the swimmer touches wall or pad at the finish. Pay attention to the finish. Please make sure you can see the finish.
- Each person should always use the same push button if there is more than one.
- Keep the buttons out of the way of the swimmers, don't let them trip on them.

### **Head Lane Timer**

- Determines that the correct swimmer is in the lane (Ask swimmer's name!).
- Determines that relay swimmers swim in the order listed on the relay cards.
- Records all watch times.
- Informs Chief Timer if a swimmer delays touching or misses touching the pad and notes it on timing sheet

### **General**

- At the finish, stand directly at the edge of the pool. Directly view the swimmer's finish.
- You will get wet. Watch for underwater touches.
- Push both watch and electronic buttons with Index finger if possible. Do not make exaggerated motions, just push the button(s) at the right time.
- Return to and sit in your chair to record times.
- Keep careful count of lengths and record splits, if able and to keep track of distance completed, for any event 200 yards/meters or longer.
- Please brief your replacement as best you can. Be sure they talk to the Chief Timer, if they have any questions.
- If you need a break, please raise your hand and we'll get you one. Have fun. Any questions?
- Thank you.