

HS LAP COUNT SHEET

400 METER FREESTYLE (SNHU Indoor Pool)

Event#: 15 WOMENS

LAPS	YARDS	HEAT#: 1	HEAT#: 2	HEAT#: 3	HEAT#: 4
2	50				
4	100				
6	150				
8	200				
10	250				
12	300				
14	350	___ Bell,	___ Bell,	___ Bell,	___ Bell,
16	400				

Event#: 16 MENS

LAPS	YARDS	HEAT#: 1	HEAT#: 2	HEAT#: 3	HEAT#: 4
2	50				
4	100				
6	150				
8	200				
10	250				
12	300				
14	350	___ Bell,	___ Bell,	___ Bell,	___ Bell,
16	400				